



**BRIDGE**  
Food, Care and Digitalisation

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Picture Pexels Askar Abayev

## NEWSLETTER 3 PROJECT DEVELOPMENT

### BRIDGE – WORK PACKAGE 3

Dear Bridge Project Community,

We are delighted to bring you the latest updates from the Bridge Project! Over the past few months, our dedicated partners have been actively working on Work Package 3 (WP3), making significant strides in several key areas:

- Our team developed comprehensive resources aimed at enhancing digital skills across generations. This initiative ensures that both elderly and youngsters are equipped with the necessary competences to navigate the digital world confidently.
- We introduced a unique learning activity that combines cooking with educational methodologies. This innovative approach not only makes learning fun but also encourages the sharing of culinary traditions and knowledge.
- To support our volunteers, we created a detailed guidebook focused on enhancing communication skills. This resource is designed to empower volunteers with the tools they need to effectively engage and interact within the community.
- We outlined a clear, step-by-step process for planning and executing successful intergenerational cooking events. These events are pivotal in bringing together different age groups to share experiences and foster mutual understanding.
- Our team also developed versatile templates to assist in organizing and conducting cooking events. These templates are intended to streamline the planning process, making it easier for communities to host their own events.



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Throughout this period, our partners have maintained regular online meetings to ensure smooth collaboration and progress. Significant efforts were made towards the mid-term reporting of the project, ensuring that we stay on track and meet our goals.

### 3<sup>rd</sup> MEETING - WAGENINGEN

In November 2023, we held our 3rd Transnational Project Meeting (TPM) in the Netherlands, hosted by our partner Blankcon. During this event, partners discussed the next steps for WP3 and WP4, project management strategies, and quality control measures. This meeting was crucial in aligning our efforts and setting the stage for upcoming activities.



Looking ahead, we are excited to announce the start of planning for WP4 activities. One of the highlights of this upcoming period will be the 4th Transnational Project Meeting (TPM), hosted by our partners from the Czech Republic, APSS CR. This meeting is scheduled to take place in Prague from June 27th to 28th, 2024.

Stay tuned for more practical actions and events in our next newsletter, where we will share the activities and achievements of WP4. Your continued support and engagement are invaluable to the success of the Bridge Project.

Warm regards,

The Bridge Project Team





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In order to know more about the project and its new activities and next steps during its development, visit our website:  
<https://foodandcare.eu/>

## Our Partners



**M-Around**  
HUNGARY



**Blankcon**  
THE NETHERLANDS



**2050**  
ITALY



**APSS CR**  
CZECH REPUBLIC



**Spektrum**  
ROMANIA



**Crea360**  
SPAIN

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BRIDGE Project-N° 2022-1-HU01-KA220-ADU-000087910