



**BRIDGE**  
Food, Care and Digitalisation

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Picture Pexels Askar Abayev

## NEWSLETTER 4 PROJECT DEVELOPMENT

### BRIDGE – WORK PACKAGE 4

During the recent WP4 of the BRIDGE project, our partners—APSS CR, Blankon, Crea360, M-around, Spektrum, and 2050—successfully organized a range of impactful activities aimed at enhancing both educator and community skills.

As part of their local activities, project partners organized an Educator Staff Training, which served as a platform to present critical educational resources. The training showcased the following key components:

Learning Guide for Educators; Self-Assessment Tool; Competency Framework; Training Material.

These tools were designed to equip educators with the necessary skills and materials to foster digital inclusion and intergenerational learning.



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Alongside the educator training, each partner organized a Digital Training Course for older people in their local communities. This course focused on equipping participants with vital skills in: Information and Data Literacy; Usage of Digital Tools; Social Media Applications; Digital Communication. These sessions aimed to improve digital literacy among older generations, enabling them to navigate modern digital platforms confidently.



In another phase of WP4, youth from local communities participated in workshops designed to foster intergenerational communication and collaboration. The workshops emphasized: Active listening; Empathy development; Effective communication with older individuals. Through interactive sessions such as role-playing exercises and reflective discussions, young participants gained insights into building meaningful connections across generations.



One of the most engaging events during WP4 was the Intergenerational Cooking Event, where local youth and older people came together to prepare traditional meals. This unique gathering fostered cultural exchange, with participants learning from each other while celebrating local culinary traditions. Each partner hosted this event in their communities, preparing dishes that reflected the region's rich heritage.





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In the next issue, we will dive deeper into the exciting developments from the BRIDGE project. You'll be able to explore a newly developed cookbook, interviews between youth and older participants, and local stories featuring traditional meals from Italy, Spain, the Netherlands, Hungary, Romania, and Czech Republic. Stay tuned for more delicious stories and intergenerational connections!

### 5th MEETING – Portogruaro, Italy

The 5th Transnational Project Meeting (TPM) of the BRIDGE project will be held in Portogruaro, Italy, hosted by our partner 2050, from November 5th to 8th, 2024. Stay tuned for more details about this important gathering in the next newsletter!

Warm regards,

The Bridge Project Team

In order to know more about the project and its new activities and next steps during its development, visit our website: <https://foodandcare.eu/>

### Our Partners



**M-Around**  
HUNGARY



**Blankcon**  
THE NETHERLANDS



**2050**  
ITALY



**APSS CR**  
CZECH REPUBLIC



**Spektrum**  
ROMANIA



**Crea360**  
SPAIN

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