



**BRIDGE**  
Food, Care and Digitalisation

BRINGING DIGITALISATION  
TO THE OLDER GENERATION

foodandcare.eu



Picture Pexels Askar Abayev

## NEWSLETTER 6

### CELEBRATING TWO YEARS OF ACHIEVEMENTS AND CONNECTIONS

As the BRIDGE project comes to a close, we look back with pride on all that has been accomplished over the past two years. Through collaboration, innovation, and a shared commitment to fostering intergenerational connections, our project partners have achieved remarkable milestones:

- The BRIDGE project successfully identified and formulated relevant social and digital skills for staff in home care, as well as for older people and youth. These skills have been instrumental in bridging generational gaps and enhancing social cohesion.
- Innovative scenarios for intergenerational cooking events were developed, providing opportunities to practice these skills in non-formal settings.
- The project stimulated social inclusion for the older generation and supported the development of essential social and digital skills through targeted training by staff and dynamic cooking events. These efforts have strengthened the connections between generations.
- An innovative fusion of culinary heritage and digital readiness was achieved, facilitating communication between youngsters and older people. This collaboration resulted in the development of online cookbooks, showcasing the creative synergy between traditional wisdom and modern technology.
- Traditional recipes were collected from participating regions and adapted to modern and healthy nutritional values, contributing to the preservation and evolution of European culinary heritage. This work highlights the rich cultural diversity and shared history of our regions.





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## A REMARKABLE JOURNEY

Over the past two years, the BRIDGE project has brought together communities from across Europe, fostering deep connections and mutual understanding. From Italy to Spain, the Netherlands to Hungary, Romania, and the Czech Republic, we have seen how food and storytelling can unite generations and cultures.

This journey has been an incredible experience of learning, sharing, and growing together. The friendships formed, skills developed, and traditions celebrated will continue to inspire and influence long after the project's conclusion.

We extend our heartfelt gratitude to all the partners, participants, and supporters who made the BRIDGE project possible. Together, we have built a legacy of intergenerational solidarity and cultural appreciation that will endure for years to come.

Thank you for being part of this amazing journey!

The Bridge Project Team

In order to know more about the project visit our website: <https://foodandcare.eu/>

## Our Partners



**M-Around**  
HUNGARY



**Blankcon**  
THE NETHERLANDS



**2050**  
ITALY



**APSS CR**  
CZECH REPUBLIC



**Spektrum**  
ROMANIA



**Crea360**  
SPAIN

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