

OLDER-EU / Visit of Louise Michel

Nursing home and Résidence Autonomie



1. Few words about the nursing home



The Louise Michel residence is located in the heart of Saint-Nazaire, a stone's throw from the media library, the market square, shops and a crèche.

Mixed establishment: nursing home / Residence Autonomie

The residence has a capacity of 80 places in permanent accommodation and offers a mode of operation for part independent residence (39 places) and part EHPAD (41 places). A specific 14-place unit provides support for residents suffering from Alzheimer's or related disease.

Each accommodation consists of a living room, a kitchenette and an adapted bathroom. A wellness area (hairdressing, aesthetics, massages, etc.) is located on the first floor. Similarly, a laundry room is available to residents on the 3rd floor.

An entertainment program is planned each month and distributed in mailboxes. The activities offered are: Creative activities, relaxation, choir in common with another residence, lotto, memory workshop, cooking workshop, gardening, outdoor show, intergenerational activities with the local crèche, themed meals, therapeutic meals, meetings festive between residents, families, employees, etc.

Summary of the characteristics of the establishment:

- 80 places (41 in EHPAD / 39 in Autonomy residence) including 14 in protected living unit
- Apartments from 30 to 50 m²
- Security is guaranteed 7 days a week, 24 hours a day - Telephone call system
- A family and neat catering, meals prepared by our cooks
- Activities adapted according to your wishes and possibilities
- Paramedical staff at the service of EHPAD residents 24 hours a day, 7 days a week and respond to emergency requests from residents of the Autonomy Residence
- Daily services and services offered (hairdressing salon, etc.)
- A pleasant environment near the market and the media library

2. The place of these establishments in the continuum of service and support

In France, the accompaniment of the elderly has known in recent years a political and operational orientation which tends towards home care.

This political will responds to the majority wish of the French to age at home, in a familiar environment. Many systems are therefore organized around this new paradigm. However, given the issues of high level of dependency, social isolation, etc. not all elderly people can stay at home.

It is within the framework of the service and support continuum that VYV3 sets up a set of establishments and services adapted to the support of the elderly.

The Louise Michel residence, a mixed establishment (EHPAD / Autonomy residence) offers a specific vision of accommodation and support for the elderly. Indeed, the cohabitation between 2 types of structures within the same building makes it possible to address the question of the mix of offers and the continuum of service and support.

The autonomy residence is designed to accommodate mostly autonomous elderly people who can no longer or no longer want to live at home.

The independent residence allows the elderly to continue to live independently, to benefit from a more secure environment, to use collective services and to have a moderate rent. The autonomy residence carries a message of prevention by organizing prevention actions open to all on its territory.

The independent residence is not, in principle, intended to receive people who need significant medical care or significant assistance in acts of daily living. Medical care and day-to-day care for residents are most often carried out by external parties (private physicians, SSIAD (home nursing services), private nurses, etc.). The Louise Michel residence offers the possibility of "emergency" paramedical assistance (thanks to the professionals of the EHPAD).

This mixed EHPAD/RA formula highlights many advantages for residents (social ties, animation, services, continuity of support depending on dependency, etc.) and for professionals (work organization, diversity of support, etc.). It is a magnificent link between an accommodation and service solution represented by the independent residence and the support offer for very dependent people offered by the EHPAD. All this in the same place, which makes it possible to organize a smooth transition when necessary.

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